# PROCLAMATION

## Menstrual Health Day

**WHEREAS:** Menstrual Health Day (MH Day), is celebrated on May 28 and is a global day of action with more than 830 partner organizations working together to catalyze awareness and action towards a world without period poverty and stigma.

The Period Purse strives to achieve menstrual equity by providing people who menstruate access to free menstrual products and to reduce the negative stigma associated with periods through education and advocacy. Cities across Canada will be lighting buildings red and proclaiming May 28, 2024, as Menstrual Health Day.

Menstrual Health Day highlights the importance of menstrual equity, public education and advocates for equitable access to menstrual products. This day raises awareness and removes the stigma around periods.

**THEREFORE:** I, Mayor Patrick Brown, on behalf of Brampton City Council, do hereby proclaim May 28, 2024 as “Menstrual Health Day” in the City of Brampton.

Mayor Patrick Brown, City of Brampton